

*Hiking Tour Program*  
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*2010*  
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*"Hiking between mountains and lakes"*  
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*Exclusive for guests  
of Plus Card-partner companies*

*All hiking tours at the participant's own risk!*



**Monday:**            **HIKING TASTER TOUR**  
(1-2 hours) – every two weeks

*Escape your every day worries and discover the most beautiful sites and Alpine pastures at Nassfeld during a hiking introduction tour. Our Hanna will be delighted to give you advice about hiking tours and Nordic Walking during the introduction tour. The route leads from the Tressdorfer Alm – Rossalm – Sonnenalpe Nassfeld and back again to the Tressdorfer Alm.*

*Please do not forget to bring your sticks – also suitable for children!*

Meeting Point: 9.45 am Tressdorfer Alm

Registration: the day before until 3.00 pm at the  
Tourist Office Hermagor  
Tel.: 04282/2043  
[info@hermagor.at](mailto:info@hermagor.at)



Participation at one's own risk!

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**Monday:**            **BAREFOOT HIKING**  
(1-1.5 hours) – every two weeks

*Fun pure,... every step a delight for body, mind and soul. Rediscover the most natural form of movement! Experience the feeling of freedom and easiness – get close to nature with the soles of your feet.*

*This adventure can be experienced along the new „AquaTrail“ – Berg Wasser“ – a new 1.5 km long adventure trail on the Madritsche.*

Equipment: Please bring a towel!

Meeting Point: 1.30 pm Madritsche Mountain Station – Millennium Express

Registration: the day before until 3.00 pm at the Tourist Office Hermagor  
Tel. 04282/2043 or [info@hermagor.at](mailto:info@hermagor.at)

**Tuesday:**      **DOWSING HIKING TOUR**  
(2-3 hours)-weekly

*It might come as a surprise but you too have the sixth sense. You will learn many interesting facts about water and earth radiation during the introduction on holding the dowsing rod. You will receive information about the cultural heritage and you will discover sources of energy and a well with healthy water during this leisurely hiking tour. Recharge your batteries at the „Nature Education Trail“, at the „Power Tree“ and during „Water Treading“. With break for a rest and a snack at the Natural Pool Radnig.*

**Meeting Point:**      10.00 am at Bachmann's,  
Obervellach 33,  
9620 Hermagor

**Registration:**      the day before with Mr. Bachmann,  
Tel.:0043-(0)4282/2069



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**Tuesday:**      **GEO-TRAIL HIKING TOUR**  
(4-5 hours) - weekly

*Experience a unique hiking tour on one of our numerous Geo-Trails. Norbert and Georg will be delighted to tell you about the geological history of our Alps. Go and discover fossils yourself!*

**Meeting Point:**      10.15 am Valley Station Gartnerkofel chair lift

*Together we will take the lift to the mountain station. After a short introduction by Norbert, will we walk along the Carnic Alpine Path 403 to the Garnitzenalm (1.915m) – and carry on to the Kronalm where we will go hunting for **FOSSILS!***

*We will then cross the border to Italy, walk to the Ofenalm (1.618 m) and the Auernig Alm (1.609 m) and then back to the Sonnenalpe Nassfeld.*

*The Piccolo Express will take us back to the Tressdorfer Alm!*

**Registration:**      the day before until 3.00 pm at the Tourist Office Hermagor  
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## **Wednesday: *SUMMIT VICTORY-HIKING TOUR***

*(3-4 hours) – weekly*

*Climb with Georg one of our most popular summits – the Rosskofel. A magnificent panoramic view across the Alps will reward you when you have reached the summit – **YOUR SUMMIT VICTORY!***

**Meeting Point:** *9.45 am Mountain Station Madritsche – Millennium Express*

*Starting at the mountain station Madritsche, we walk along the Carnic Alpine Path 403 to the Rudnigsattel Pass. The path leads upward beneath the rock faces of the Rosskofel across rubble to the trough north of the summit and then the flat ridge upward to the summit of the Rosskofel – descent via the same route back to the Madritsche.*

**Registration:** *the day before until 3.00 pm at the Tourist Office Hermagor  
Tel. 04282/2043 or [info@hermagor.at](mailto:info@hermagor.at)*

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## **Wednesday: *HERB HIKING TOUR***

*( 2-3 hours) – every two weeks*

*Discover the variety of the local Alpine herbs with our qualified herb expert „Alexandra“!*

*Get a brief overview about the variety of our herbs – what they look like, what their main effect is and how to use them in everyday life!*

**Meeting Point::** *10.00 am – at the state border – Hotel Berghof*

**Registration:** *the day before until 3.00 pm at the Tourist Office Hermagor  
Tel. 04282/2043 or [info@hermagor.at](mailto:info@hermagor.at)*



**Thursday: GOURMET HIKING TOUR**

*(3-4 hours) – every two weeks*

**Meeting Point:** 9.30 am Tressdorfer Alm

*Enjoy a leisurely hiking day on Alpine pastures from the Tressdorfer Alm to the Rudnigalm – where you can sample local produce. The way back leads from the Rudnig Alm across the Carnic Alpine Path No. 413 to the Madritsche. If you prefer a more speedy, action-packed descent then use the „Pendolino“ – our summer toboggan run!*

**Registration:** the day before until 3.00 pm at the Tourist Office Hermagor  
Tel. 04282/2043 or [info@hermagor.at](mailto:info@hermagor.at)

**Information:**

- 10 % discount with the + Card at the PENDOLINO
- 30% discount with the + Card at the show dairy Tressdorfer Alm



**Thursday: GARTNERKOFEL HIKING TOUR**

*(3-4 hours) – every two weeks*

**Meeting Point:** 10.15 am Valley Station Gartnerkofel chair lift

*We will meet at the Gartnerkofel valley station and take the chair lift to the mountain station, from where the ascent to the Gartnerkofel (2.195 m) towards Kühweger Thörl (1.914m) starts. From there leads the mountain tour in many serpentines through rocky terrain up to the Gartnerkofel. Seemingly endless views across the entire Gailtal Valley, the Hohe Tauern as well as the Carnic Alps await once you have reached the summit. Depending on weather conditions, you can even see the Großglockner (3.797 m) – Austria's highest mountain. The descent will be via path 412 to the Watschiger Alm and then to the Tröglplatz and back to the Millenium Express by using the Piccolo Express.*

**Registration:** the day before until 3.00 pm at the Tourist Office Hermagor  
Tel. 04282/2043 or [info@hermagor.at](mailto:info@hermagor.at)

**Friday:**            **GEO TRAIL TOUR –  
GARNITZENKLAMM GORGE**  
(4 – 5 hours) – weekly

**Meeting Point:** 9.30 am Entrance Garnitzenklamm Gorge

*The gorge of the Garnitzenbach Stream with its many waterfalls has been opened up by climbing facilities and bridges. The end of the gorge is reached within 2 hours via a route that has been divided into 4 sections.*

*The total length of the Garnitzenklamm Gorge is, from start (630 m) to finish (Klause 1.125 m), approximately 4 km and the difference in altitude is around 500 m. A zone of geological faults on one hand and melting glaciers after the last ice age on the other led to the formation of the Garnitzenklamm Gorge , which is around 10.000 years old.*

*Let Georg and Norbert take you into the world of geology!*

**Registration:**    the day before until 3.00 pm at the Tourist Office Hermagor  
Tel. 04282/2043 or [info@hermagor.at](mailto:info@hermagor.at)

**Information:**    number of participants limited to  
15 persons maximum!



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**Friday:**            **EGGER ALM – POLUDNIG**  
(4-5 hours) – weekly

**Meeting Point:** 9.00 am Car Park Garnitzenklamm Gorge

*The „village" on the Egger Alm has been a farming community for hundreds of years and cheese has been made already at the the time of its first official record in 1865. There are currently 49 huts and the „Heimkehrerkirche“ – Church located on this Alpine pasture.*

*Enjoy a wonderful hiking tour from the Egger Alm to the Poludnig. The ascent leads across the western ridge, the descent across the Poludnig Alm to the Dellacher Alm and back again to the starting point of the tour.*

*Opportunities to stop for a bite to eat are on the Egger Alm, Dellacher Alm and Poludnig Alm where you can also sample and buy the Gailtal Valley Alpine Cheese.*

**Registration:**    the day before until 3.00 pm at the Tourist Office Hermagor  
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