


# Golden Autumn

2020  EN









## Dear guests in the „Nassfeld-Pressegger See“ adventure region!

We are pleased to be able to welcome you as guests in the Nassfeld-Pressegger See adventure region especially this year.

The past few months have presented us all with new challenges, and yet, or perhaps precisely because of them, we are looking optimistically into the future again, and would like to make this year's summer holiday a relaxing experience for you.

Should there be any restrictions on the use of recreational services in the region due to legal regulations, federal or state notices or other unforeseeable events, we ask for your understanding. In this context, we would also like to point out that there is no entitlement to price reductions or refunds.

The availability of all leisure services is updated daily at [www.nassfeld.at](http://www.nassfeld.at)!

At the same time, we ask you to comply with the Covid-19 protective measures, prescribed by the government, without exception for your own safety and for the protection of other guests and the locals.

We would like to draw your attention to the following info sheet!

**The hikes & bike tours are weather dependent and can be changed depending on the weather!**

**The hikes & bike tours take place at your own risk!**

**Please make sure you wear good shoes, wind jacket (rain protection),  
Snacks & drinks!**

Thank you very much for your understanding. It's good to have you here!

Info- & Servicecenter Nassfeld-Pressegger See  
and partners

# FÜR EUREN SICHEREN AUFENTHALT

## FOR YOUR SAFE STAY



### EIGENVERANTWORTUNG FÜR SICH & FAMILIE

PERSONAL RESPONSIBILITY FOR YOURSELF & YOUR FAMILY



**HÄNDE WASCHEN/  
DESINFIZIEREN**

WASH/DISINFECT HANDS



**MUND-NASENSCHUTZ  
VERWENDEN**

WEAR MASKS



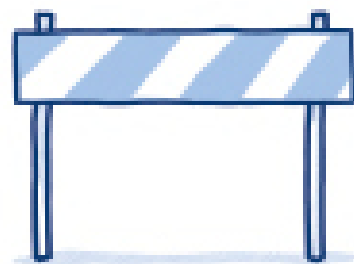
**ABSTAND HALTEN**

KEEP DISTANCE



**NACH MÖGLICHKEIT  
KONTAKTLOS BEZAHLEN**

CASHLESS PAYMENT



**EVENTUELLE ZUGANGS-  
BESCHRÄNKUNGEN  
BEACHTEN**

OBSERVE ANY ACCESS  
RESTRICTIONS



**WEITERE HINWEISE  
BEACHTEN**

FOLLOW FURTHER  
INSTRUCTIONS

[www.sichere-gastfreundschaft.at](http://www.sichere-gastfreundschaft.at)

## GUIDELINES FOR MOUNTAIN HIKING GUIDES IN CARINTHIA



### 1.) HEALTHY ON TOUR

The mountain guide and the guests must feel completely healthy at the start of the tour.

### 2.) REDUCE THE READINESS TO TAKE RISKS

Stay well below the guests' personal ability limits when undertaking alpine activities. Consider the additional risks and difficulties involved in rescue operations and the additional strain on hospitals.

### 3.) KEEP DISTANCE

Keep a distance of 2 metres (this is slightly more than 2 arm lengths for an adult) and use a face mask covering mouth and nose if, in exceptional cases, keeping the minimum distance of 2 metres is not possible. The mountain guide must ensure that every guest keeps the safety distance (also during breaks, at the summit etc.) and must be able to keep the whole group within sight (e.g. by choosing a suitable route, with clear rules of conduct on the trail etc.).

### 4.) MOUNTAIN SPORTS ONLY IN SMALL GROUPS

The upper limit is 10 persons per group (1 mountain guide plus 9 guests). Remember that with increasing group size and depending on the difficulty of the tour, it gets more difficult to keep the safety distance and to keep track of the group. Avoid highly frequented tours and places.

### 5.) REFRAIN FROM NORMAL RITUALS

For example, shaking hands, hugs, kiss at the summit, offering a drinking bottle to others, etc.

### 6.) TAKE ALONG FACE MASK AND DISINFECTANT

In addition to the general emergency equipment, face mask and disinfectant should be carried in the rucksack for the time being. The mountain guide must ensure that every guest has a face mask during the tour.

### 7.) FACE MASKS FOR CARPOOLS

In addition, only two passengers may sit in each row of seats (including the driver). Travel by public transport is the preferred option.

### 8.) IN AN EMERGENCY, PROCEED AS ALWAYS

As a first-aider, follow the generally accepted first aid guidelines and use a face mask in addition.

## OVERVIEW ACTIV PROGRAM

### MONDAY

Constellation Hiking Tour - Kammleiten  
E-Bike mountain bike Tour in the valley  
MTB Basics - Learn & Ride  
Golf taster  
Golf „Pay & Play“

### TUESDAY

Leisurely alpine pasture hiking tour to the Möslalm - 27th september 2020  
Taster climbing on the Sonnenalpe Nassfeld  
Golf taster  
Golf „Pay & Play“  
Segway Tour  
Outdoor Fit on the mountain - 27th september 2020  
„Double Downhill“ Mountain Cart - 27th september 2020

### WEDNESDAY

Golf „Pay & Play“  
MTB Alpine pasture tour incl. Jause  
Singletrail Basic Kurs - 04th of october 2020  
E-bike tour on the Guggenberg  
“Däumling“ via ferrata – level of difficulty “C” - 20th of september 2020

### THURSDAY

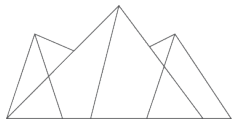
3-alpine pasture hiking tour along the Carnic Milky Way  
Sunrise hiking tour to the Gartnerkofel  
Stand-UP paddling Cours on Lake Pressegger See - 30th of september 2020  
Golf „Pay & Play“

### FRIDAY

Hiking tour in the realm of the Jauken peaks  
Golf „Pay & Play“  
Outdoor Fit on the mountain - 27th of september 2020  
“Däumling“ via ferrata – level of difficulty “C” - 20th september 2020  
SINGLE TRAIL basics course - 04th october 2020  
MTB ALPINE PASTURE incl. JAUSE

### SUNDAY

Segway Tour



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& LAKES**  
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**Monday**

## CONSTELLATION HIKING TOUR - KAMMLEITN



10 am

**MEETING POINT:**

State Border / Hotel Berghof

Historical hike with hiking guide Georg, who always has something to tell, especially about the geology of the Carnic Alps. The hike starts at the state border and you walk through the „Historical Mile“ to the Watschiger Alm, past the „Wulfenia Conservation Area“ in the direction of the Kühweger Törl to the Kammleitn. The way back leads us via the Garnitzentörl to the Watschiger Alm back to the starting point.

**DURATION:**

3-4 hours

**ROUTE:**

11 km

**ALTITUDE METER:**

ca. 630 hm

**EQUIPMENT:**

Hiking boots, hiking clothes, weather protection, sun protection, rucksack with Jause lunch and drinks!

**NOTE:**

Children from 8 years

**COSTS :**

€ 10,- per person, **FREE OF CHARGE** with the **+CARD holiday**

**REGISTRATION**

Advance registration required by 4 pm the day before!

**Info- & Servicecenter Nassfeld Pressegger See**

info@nassfeld.at Tel. +43 (0) 4285 / 8241

## E-BIKE MOUNTAINBIKE TOUR IN THE VALLEY



9.30 am

**MEETING POINT:**

Base Camp - Hotel Falkensteiner Carinzia

Leisurely e-bike mountain bike tour on the R3 Cycle Track along the Gail river. The first part of the tour leads through small wooded areas towards Hermagor/Möderndorf. We enjoy the wonderful nature along the Gail river. Having arrived in Latschach near Egg, we continue towards Lake Pressegger See. On the way back we bike along the eastern lakeside directly to the lido, where we take a short break. Afterwards, we continue in direction Hermagor and from there across some dirt tracks and the Gail Dam back to Tröpolach. The last leisurely section leads us then again via the „Koppale“ back to the starting point.

**DURATION:**

5 hours

**ROUTE :**

40 km

**ALTITUDE METER**

ca. 300 hm

**EQUIPMENT:**

Wearing a helmet is mandatory, sports shoes / cycling clothes, weather protection, sun protection, rucksack with Jause lunch and drinks!

**COSTS :**

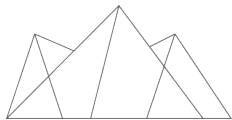
€ 35,- per person, **FREE OF CHARGE** with the **+CARD holiday**  
E-bike rental available on site for € 25.00 per day

**ANMELDUNG:**

Advance registration required by 5 pm the day before!

**Sportfabrik Koller & Eder GesbR** // Tel. +43 (0) 677 / 620 13 179





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& LAKES**  
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**Monday**

## MTB BASICS - LEARN & RIDE



10 am

**MEETING POINT:**

Sölle Sport Tröpolach

### Learn to control the mountain bike in an optimal way!

Are you a mountain bike beginner or do you already have some MTB experience? Would you like to learn the basics to increase your safety and your biking fun?

Our „Learn & Ride“ MTB course combines a one-hour biking technique training in the practicing area and on the pump track, followed by an off-road tour to try out what you have learned under the supervision of your coach.

**DURATION:** 2 hours

**EQUIPMENT:** Sturdy footwear, suitable clothes, weather protection, sun protection

**NOTE :** From 10 years! Children up to 14 years of age are not allowed to go unaccompanied. A disclaimer must be signed by the parent

**COSTS:** € 39,- per person **FREE OF CHARGE** with the **+CARD holiday!**  
E-bike rental incl. helmet available on site for € 10.00 for the duration of the course!  
Issued 15 min prior to the start of the course

**REGISTRATION:** Advance registration required by 4pm the day before!  
**Info- & Servicecenter Nassfeld Pressegger See**  
info@nassfeld.at Tel. +43 (0) 4285 /8241

## GOLF TASTER



3 pm

**MEETING POINT:**

Nassfeld Golf course in Waidegg

Trying and getting to know everything about golf!  
No experience required

**DURATION:** 1 hour

**COSTS:** € 15,- per person **FREE OF CHARGE** with the **+CARD holiday!**

**REGISTRATION:** Advance registration required!  
**Golfanlage Nassfeld Golf**, 9631 Waidegg 66  
Tel. +43 (0) 4284 / 20111







**Monday**

## GOLF „PAY & PLAY“



Advance registration

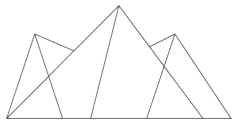
**MEETING POINT:** GNassfeld Golf course in Waidegg

Just come along, pay the daily fee & play on the public 6-hole-course!

**COST:** € 25,- per person € 15,- with **+CARD holiday DISCOUNT**

**REGISTRATION:** Advance registration required!  
**Golfanlage Nassfeld Golf**, 9631 Waidegg 66  
Tel. +43 (0) 4284 / 20111





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**Tuesday**

## LEISURELY ALPINE PASTURE HIKING TOUR - MÖSELALM

till 27th of september 2020



10 am

**MEETING POINT:**

Town hall in Weissbriach

To the always cheerful hut landlord Bernhard with his specialities! The Möslalm – always a wonderful hiking experience for the whole family! You enjoy amazing views across the Gitschtal Valley on the way to the alpine pasture. Once arrived at the top - a hearty Jause snack with cheese, bacon and sausages, fluffy and light Kaiserschmarren and a glass of Swiss pine schnapps.

**DURATION:** 4 - 5 hours

**ROUTE:** 10 km

**ALTITUDE METER:** CA. 400 hm

**EQUIPMENT:** Hiking boots, hiking clothes, weather protection, sun protection, rucksack with Jause lunch and drinks!

**NOTE:** Childrean from 8 years

**COSTS:** € 10,- per person **FREE OF CHARGE** with the **+CARD holiday**

**REGISTRATION:** Advance registration required by 4pm the day before!  
**Info- & Servicecenter Nassfeld Pressegger See**  
Tel. +43 (0) 4285 / 8241

## TASTER CLIMBING ON THE SONNENALPE NASSFELD



10 am

**MEETING POINT:**

Sonnenalpe Nassfeld (national border)  
1st car park in direction Alpenhotel Plattner

A special day for all who want to get to know the diversity of climbing. We climb the rock secured by an experienced climbing guide (Toprope). We also climb a short via ferrata and then abseil again. For the brave at heart there is also a zip-line ride across a gorge.

**DURATION:** 2 hours

**EQUIPMENT:** Hiking boots, hiking clothes, weather protection, sun protection, rucksack with Jause lunch and drinks!

**NOTE:** Head for heights, surefootedness, sturdy shoes (with profile)!  
Children under 14 not without accompanying person  
Minimum age of 6

**COSTS:** € 39,- per person **FREE OF CHARGE** with the **+CARD holiday**

**REGISTRATION:** Advance registration required by 4pm the day before!  
**Info- & Servicecenter Nassfeld Pressegger See**  
Tel. +43 (0) 4285 / 8241





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**Tuesday**

## GOLF TASTER



3 pm

**MEETING POINT:**

Nassfeld Golf course in Waidegg

Trying and getting to know everything about golf!  
No experience required

**DURATION:** 1 hour

**COSTS:** € 15,- per person **FREE OF CHARGE** with the **+CARD holiday!**

## GOLF „PAY & PLAY“



Advance registration

**MEETING POINT:** Nassfeld Golf course in Waidegg

Just come along, pay the daily fee & play on the public 6-hole-course!

**COST:** € 25,- per person € 15,- with **+CARD holiday DISCOUNT**

**REGISTRATION:** Advance registration required!  
**Golfanlage Nassfeld Golf**, 9631 Waidegg 66  
Tel. +43 (0) 4284 / 20111

## SEGWAY TOUR



3 pm

**MEETING POINT:**

Base Camp - Hotel Falkensteiner Carinzia

Let's go on a fun and action-packed SEGWAY TOUR (suitable for teenagers and adults). After a detailed introduction, we start on asphalt to get used to the equipment. The tour continues on gravel along the bike track in and around Tröpolach. Fun and action is guaranteed!

**DURATION:** 1 hour

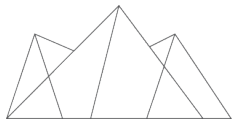
**EQUIPMENT:** Sport shoes, weather protection (jacket) sun protection

**NOTE:** Children from age 12 (min. 42 kg) – for max. 10 persons

**COSTS:** € 45,- per adult, € 36,- per adult with **+CARD holiday DISCOUNT**  
€ 40,- per child € 32,- per child with **+CARD holiday DISCOUNT**

**REGISTRATION:** Advance registration required by 5 pm the day before  
**Sportfabrik Koller & Eder GesbR** // Tel. +43 (0) 677 / 620 13 179





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**Tuesday**

## **OUTDOOR FIT** till 27th of september 2020



10 am

**MEETING POINT:** Upper terminus Madritsche - Kofelalm

Ulli will surely make you sweat! The Millennium Express takes you uphill to the Madritsche upper terminus. The legs, bums & tums workout starts there in probably the most beautiful outdoor gym in the Alps. You have never seen anything like it! To warm up, we hike along the Aquatrail, followed by a great yoga session at the end of the trail, surrounded by the idyllic mountains of Nassfeld.

**DURATION:** 3,5 hours

**EQUIPMENT:** Sportswear, drinks, windbreaker, towel

**NOTE:** max 9 Personen

**COSTS:** € 25,- per person  
Valid lift ticket for the uphill ride - start of the flow trail (not included in the costs!)  
With the +CARD holiday are the lifts FREE OF CHARGE!

**REGISTRATION:** Advance registration required by 5 pm the day before!  
**Sportfabrik Koller & Eder GesbR** // Tel. +43 (0) 677 / 620 13 179

## **„DOUBLE DOWNHILL“ MOUNTAIN CART** till 27th of september 2020



9.30 am

**MEETING POINT:** Sölle Sport Tressdorfer Alm  
(intermediate terminus Millennium-Express)

The low centre of gravity and wide wheelbase give you an exceptional downhill experience. Tobogganing in winter has always been a popular sport and is becoming increasingly trendy. The special construction of the mountain cart allows you to experience the fun of tobogganing at any time of the year. Safety has been of great importance in the construction of the mountain cart.

**DURATION:** 2 hours

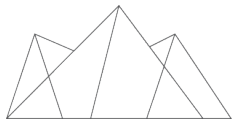
**EQUIPMENT:** Sturdy shoes and sunglasses (again the dust) Protective overall and helmet included! Explanation of the rules of use available on site!

**NOTE:** Minimum height of 150cm - from age 14!

**COSTS:** € 39,- per person  
Valid lift ticket for the uphill ride - start of the flow trail (not included in the costs!)  
With the +CARD holiday are the lifts FREE OF CHARGE!

**REGISTRATION:** Online registration - <https://www.felsenlabyrinth.at/de/mountain-cart/>  
**Sölle Sport - Tröpolach** // Tel. +43 (0) 4285 / 7100





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**Wednesday**

## **GOLF „PAY & PLAY“**



Advance registration

**MEETING POINT:** Nassfeld Golf course in Waidegg

Just come along, pay the daily fee & play on the public 6-hole-course!

**COST:** € 25,- per person € 15,- with +CARD holiday DISCOUNT

**REGISTRATION:** Advance registration required!  
**Golfanlage Nassfeld Golf**, 9631 Waidegg 66  
Tel. +43 (0) 4284 / 20111







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**Wednesday**

## E-BIKE TOUR TO THE GUGGENBERG



9.30 am

**MEETING POINT:** Base Camp - Hotel Falkensteiner Carinzia

We follow the cycle track and the first part of our tour leads us through a small forest towards Hermagor. Once arrived there, we take a little detour to the town. But there is no stopping for a break as the tour continues directly towards the Guggenberg. We then cycle to Kreuth (a small mountain village) above our neighbouring village of Rattendorf. The way back leads us again along the road to the starting point.

**DURATION:** 4 hours

**ROUTE:** 28,9 km

**ALTITUDE METER:** 630 hm

**EQUIPMENT:** Wearing a helmet is mandatory, sports shoes / cycling clothes, weather protection, sun protection, rucksack with Jause lunch and drinks!

**COSTS:** € 35,- per person! **FREE OF CHARGE** with the **+CARD holiday**

E-bike rental available on site, € 25.00 per day

**REGISTRATION:** Advance registration required by 5 pm the day before  
**Sportfabrik Koller & Eder GesbR** // Tel. +43 (0) 677 / 620 13 179

## “DÄUMLING“ VIA FERRATA – LEVEL OF DIFFICULTY “C” till 20th september 2020



Advance registration

**MEETING POINT:** Lower terminus Gartnerkofel chairlift

The climbing paradise of Nassfeld has had this additional attraction since summer 2014: the „Däumling“ via ferrata is freely accessible in the Gartnerkofel Massif. We offer guided tours across the rocky ridge with towers and 4 rope bridges - including a 40 m long suspension rope bridge! This short action via ferrata is near the upper terminus, directly next to the Gartnerkofel.

**DURATION:** approx. 3 hours

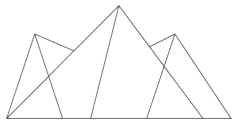
**EQUIPMENT:** Sturdy shoes!

**NOTE:** Head for heights, surefootedness, sturdy shoes (with profile)!  
Minimum age of 10 - via ferrata experience is absolutely necessary!  
Children under the age of 14 not without an accompanying person!

**COSTS:** € 49,- per adult // Family ticket: up to 4 persons € 169,-  
Valid lift ticket for the uphill ride - start of the flow trail (not included in the costs!)  
With the +CARD holiday are the lifts **FREE OF CHARGE**!

**REGISTRATION:** Online registration – <https://www.felsenlabyrinth.at/de/klettern-klettersteige>  
**Sölle Sport – Tröpolach** // Tel. +43 (0) 4285 / 7100





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**Wednesday**

## MTB ALPINE PASTURE TOUR INCL „JAUSE“



2 am

**MEETING POINT:**

Sölle Sport Shop Sonnenalpe Nassfeld

There are many trails to explore and discover in the pristine and wild Austrian / Italian border area at Nassfeld. Depending on the destination, there are about 300 - 400 metres of difference in altitude to master. A task easily managed by experienced bikers with a hardtail MTB. For less experienced bikers, we recommend the participation with an E-MTB. We enjoy delicious Gailtal Valley products, such as farm-house bacon and alpine cheese (drinks not included), at an alpine hut. Our professionally trained bike guide accompanies the whole tour.

**Tours can be adapted to the biking skills of the participants.**

**DURATION:**

approx 3 hours

**ALTITUDE METER:**

ca. 400 hm

**EQUIPMENT:**

Functioning hardtail MTB or E-MTB - helmet is mandatory!  
Sturdy footwear, suitable clothing!

**COSTS:**

€ 49,- per adult from age 16 with own bike  
€ 59,- per adult from age 16, incl. MTB hardtail  
€ 69,- per adult from age 16, incl. e-mountain bike

**REGISTRATION:**

Online registration – <https://www.felsenlabyrinth.atca/de/mtb-trails/>  
**Sölle Sport – Tröpolach** Tel. +43 (0) 4285 / 7100

## SINGLETRAIL BASIC COURSE

till 04th october 2020



9.45 am

**MEETING POINT:**

Sölle Sport Shop - Sonnenalpe Nassfeld

Faster, safer and easier downhill with the right downhill technique! You already feel quite fit on your bike and have already mastered some tours and altitude metres, but would like to feel even safer when riding your bike? You feel insecure when riding downhill, and roots and rough, gravelly, steep trails throw you off balance? Then you have come to the right place...

The first part of the course (SETUP, technical basics, posture, ...) takes about 1 hour. Afterwards we will bike on various trails, at the end also using a trail on the Italian side.

With the help of a guide and growing confidence, single trail biking at Nassfeld turns into the ultimate downhill experience.

**DURATION:**

approx. 3 hours

**EQUIPMENT:**

Sturdy shoes, suitable clothing!  
Freeride bike, protectors and helmet are included for the duration of the course!

**NOTE:**

Minimum height of 150 cm – from age 16!

**COSTS:**

€ 89,- per adult from age 16!  
Valid lift ticket for the uphill ride - start of the flow trail (not included in the costs!)  
With the +CARD holiday are the lifts FREE OF CHARGE!

**REGISTRATION:**

Online registration – <https://www.felsenlabyrinth.atca/de/mtb-trails/>  
**Sölle Sport – Tröpolach** Tel. +43 (0) 4285 / 7100



**Thursday**

## 3-ALPINE PASTURE HIKING TOUR ALONG THE CARNIC MILKY WAY



10 am

**MEETING POINT:**

Upper terminus Madritsche

We follow the tracks of the production of the Gailtal Valley alpine cheese and ask: where is the good Gailtal Valley alpine cheese traditionally made? From the Madritsche upper terminus „Via dolce vita“ or on the Aquatrail to the Rudnigalm, on to the Tröpolacher Alm and the Rattendorfer Alm. We get the chance to look over the alpine dairyman's shoulder and experience a hiking tour with culinary delights! We hike from the „Lighthouse“ constellation to the blooming landscape of the „Red Planet“ constellation!

**DURATION:** 3 - 4 hours

**ROUTE:** 8,5km

**ALTITUDE METER:** 615 hm

**EQUIPMENT:** Hiking boots, hiking clothes, weather protection, sun protection, rucksack with Jause lunch and drinks!

**NOTE:** Childrean from 8 years

**COSTS:** € 10,- per person for the hiking tour, **FREE OF CHARGE** with the **+CARD holiay!**  
€ 14,- per person for the Alm taxi from the Rattendorfer Alm to Tröpolach!

**REGISTRATION:** Advance registration required by 4pm the day before!  
**Info- & Servicecenter Nassfeld Pressegger See**  
info@nassfeld.at Tel. +43 (0) 4285 / 8241

## STAND UP PADDLING COURS ON LAKE PRESSEGGER SEE



10 am

**MEETING POINT:**

Pressegger See - Strandbad Hermagor

Stand-up paddling (SUP) is a water sport where a sportsman or woman stands upright on a floatable board (SUP board) and paddles with the help of a canoe paddle.

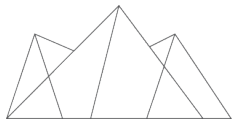
**DURATION:** 2 hours

**EQUIPMENT:** Swimwear

**NOTE:** min. 3 pers // max. 9 pers

**COSTS:** € 20,- per person **FREE of CHARGE** with the **+CARD holiday**  
incl. SUP board rental!

**REGISTRATION:** Advance registration required by 5 pm the day before!  
**Sportfabrik Koller & Eder GesbR** // Tel. +43 (0) 677 / 620 13 179



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**Thursday**

## **SUNRISE HIKING TOUR TO THE GARTNERKOFEL**



Will be announced at registration!

**MEETING POINT:** State border - Sonnenalpe Nassfeld  
(Hotel Berghof)

Getting up early is definitely worthwhile in this case! Experience an amazing sunrise full of atmosphere in the Carnic Alps at the Gartnerkofel with view to Italy. If you don't want to miss this unforgettable experience, you have to get up early. Still in the darkness of the night, you will go on a good 2-hour hiking tour towards the summit cross of the Gartnerkofel. Once arrived in 2,195 m above sea level at sunrise, you will experience a colourful sea of lights on the surrounding mountain peaks

**DURATION:** approx 4 hours

**ALTITUDE METER:** 615 hm

**EQUIPMENT:** Hiking clothes depending on weather, hiking boots, weather protection, torch or headtorch and Jause snack & drinks (tea)!

**NOTE:** **max. 7 pers** - total walking time approx 3 hours  
followed by breakfast on the Watschiger Alm!

**COSTS:** € 10,- per person for the hiking tour, **FREE of CHARGE** with the **+CARD holiday Costs for breakfast!**

**REGISTRATION:** Advance registration required by 4pm the day before!  
**Info- & Servicecenter Nassfeld Pressegger See**  
info@nassfeld.at Tel. +43 (0) 4285 / 8241

## **GOLF „PAY & PLAY“**



Advance registration

**MEETING POINT:** Nassfeld Golf course in Waidegg

Just come along, pay the daily fee & play on the public 6-hole-course!

**COST:** € 25,- per person € 15,- with **+CARD holiday DISCOUNT**

**REGISTRATION:** Advance registration required!  
**Golfanlage Nassfeld Golf**, 9631 Waidegg 66  
Tel. +43 (0) 4284 / 20111

**Friday**

**OUTDOOR FIT**  
till 27th september 2020



10 am

**MEETING POINT:** Upper terminus Madritsche - Kofelalm

Ulli will surely make you sweat! The Millennium Express takes you uphill to the Madritsche upper terminus. The legs, bums & tums workout starts there in probably the most beautiful outdoor gym in the Alps. You have never seen anything like it! To warm up, we hike along the Aquatrail, followed by a great yoga session at the end of the trail, surrounded by the idyllic mountains of Nassfeld.

**DURATION:** 3,5 hours

**EQUIPMENT:** Sportswear, drinks, windbreaker, towel

**NOTE:** max 9 Personen

**COSTS:** € 25,- per person

Valid lift ticket for the uphill ride - start of the flow trail (not included in the costs!)

With the +CARD holiday are the lifts FREE OF CHARGE!

**REGISTRATION:** Advance registration required by 5 pm the day before!  
**Sportfabrik Koller & Eder GesbR** // Tel. +43 (0) 677 / 620 13 179



**Friday**

## HIKING TOUR IN THE REALM OF THE JAUKEN PEAKS



9 am

**MEETING POINT:**

Tröpolach - Entrance to the  
Millennium-Express car park!

Mountains and valleys as far as the eye can see... A hiking tour with impressive panoramic views that will make the hearts of hikers and nature lovers beat faster.

In the north, the Drava Valley, above it, for example, the Kreuzeck and Reißbeck Mountains. One trail further to the left is Austria's highest mountain - the Grossglockner. To the west, another mountain range of the Gailtal Valley Alps and the Lienz Dolomites - which appear to be at your fingertips.

Towards the south, a wonderful view into the Gailtal Valley with the magnificent mountain scenery of the Carnic Alps. To the east is the mighty Reißkofel - also called the „King of the Gailtal Valley Alps“, the most impressive mountain in the Gailtal Valley Alps!

**DURATION:** 3 - 4 hours

**ROUTE:** 8 km

**ALTITUDE METER:** 470 hm

**EQUIPMENT:**

Suitable hiking clothes according to weather situation, hiking boots, weather protection, sun protection, Jause lunch and drinks!  
Possibility for a stop after the hiking tour!

**NOTE:**

Children from 8 years

**COSTS:**

€ 10,- per person for the hiking tour, **FREE OF CHARGE** with the **+CARD holiday**

**REGISTRATION:**

Advance registration required by 4pm the day before!

**Info- & Servicecenter Nassfeld Pressegger See**

info@nassfeld.at Tel. +43 (0) 4285 / 8241

## GOLF „PAY & PLAY“



Advance registration

**MEETING POINT:** Nassfeld Golf course in Waidegg

Just come along, pay the daily fee & play on the public 6-hole-course!

**COST:**

€ 25,- per person € 15,- with **+CARD holiday DISCOUNT**

**REGISTRATION:**

Advance registration required!

**Golfanlage Nassfeld Golf**, 9631 Waidegg 66

Tel. +43 (0) 4284 / 20111

## Friday

### “DÄUMLING“ VIA FERRATA – LEVEL OF DIFFICULTY “C” till 20th september 2020



Advance registration

**MEETING POINT:** Lower terminus Gartnerkofel chairlift

The climbing paradise of Nassfeld has had this additional attraction since summer 2014: the „Däumling“ via ferrata is freely accessible in the Gartnerkofel Massif. We offer guided tours across the rocky ridge with towers and 4 rope bridges - including a 40 m long suspension rope bridge! This short action via ferrata is near the upper terminus, directly next to the Gartnerkofel.

**DURATION:** approx. 3 hours

**EQUIPMENT:** Sturdy shoes!

**NOTE:** Head for heights, surefootedness, sturdy shoes (with profile)!  
Minimum age of 10 - via ferrata experience is absolutely necessary!  
Children under the age of 14 not without an accompanying person!

**COSTS:** € 49,- per adult // Family ticket: up to 4 persons € 169,-  
Valid lift ticket for the uphill ride - start of the flow trail (not included in the costs!)  
With the +CARD holiday are the lifts FREE OF CHARGE!

**REGISTRATION:** Online registration – <https://www.felsenlabyrinth.at/de/klettern-klettersteige>  
**Sölle Sport – Tröpolach** // Tel. +43 (0) 4285 / 7100

### MTB ALPINE PASTURE TOUR INCL. „JAUSE“



2 am

**MEETING POINT:** Sölle Sport Shop - Sonnenalpe Nassfeld

There are many trails to explore and discover in the pristine and wild Austrian / Italian border area at Nassfeld. Depending on the destination, there are about 300 - 400 metres of difference in altitude to master. A task easily managed by experienced bikers with a hardtail MTB. For less experienced bikers, we recommend the participation with an E-MTB. We enjoy delicious Gailtal Valley products, such as farm-house bacon and alpine cheese (drinks not included), at an alpine hut. Our professionally trained bike guide accompanies the whole tour.

**Tours can be adapted to the biking skills of the participants.**

**DURATION:** approx 3 hours      **ALTITUDE METER:** ca. 400 hm

**EQUIPMENT:** Functioning hardtail MTB or E-MTB - helmet is mandatory!  
Sturdy footwear, suitable clothing!

**COSTS:** € 49,- per adult from age with 16 with own bike  
€ 59,- per adult from age 16, incl. MTB hardtail  
€ 69,- per adult from age 16, incl. e-mountain bike

**REGISTRATION:** Online registration – <https://www.felsenlabyrinth.at/de/mtb-trails/>  
**Sölle Sport – Tröpolach** Tel. +43 (0) 4285 / 7100

## Sunday



### SEGWAY TOUR

3 pm

**MEETING POINT:** Base Camp - Hotel Falkensteiner Carinzia

Let's go on a fun and action-packed SEGWAY TOUR (suitable for teenagers and adults). After a detailed introduction, we start on asphalt to get used to the equipment. The tour continues on gravel along the bike track in and around Tröpolach. Fun and action is guaranteed!

**DURATION:** 1 hour

**EQUIPMENT:** Sport shoes, weather protection (jacket) sun protection

**NOTE:** Children from age 12 (min. 42 kg) – for max. 10 persons

**COSTS:** € 45,- per adult, € 36,- per adult with +CARD holiday DISCOUNT  
€ 40,- per child € 32,- per child with +CARD holiday DISCOUNT

**REGISTRATION:** Advance registration required by 5 pm the day before  
**Sportfabrik Koller & Eder GesbR** // Tel. +43 (0) 677 / 620 13 179



# Geführte Radtour - Alpe Adria Radweg

## Alpe Adria Radweg nach Venzone

Schöne, etwa 65 km lange Radtour durch das Kanaltal auf der ehemaligen Eisenbahntrasse Richtung Udine. Mit dem Radbus - immer **FREITAG`S** - geht es gemütlich bis zur Grenze nach Thörl Maglern (siehe Fahrplan)! Von dort fährt man mit den Rädern bis ins mittelalterliche Städtchen Venzone - mit der einzigartigen Stadtmauer und dem romantischen Zentrumsplatz - heute auch als Lavendelstadt bekannt!

Geführte Radtour mit erfahrener Guide - **ANMELDUNG erforderlich!**

**Kosten:** € 35,- pro Erwachsenen // € 25,- pro Kind - mit der **+CARD holiday GRATIS!**

**Anmeldung:** Am Vortag bis 16:00 Uhr im Info- und Servicecenter Nassfeld-Pressegger See  
Tel. +43 (0) 4285 / 8241 oder [info@nassfeld.at](mailto:info@nassfeld.at)

Radbus	Radbus Rücktransfer	Micotra
Kötschach Bahnhof 06:45	Venzone 16:00	17:48
Dellach Ort 06:57	Resiutta 16:15	
Kirchbach Golob 07:08	Pontebba (Eishalle) 16:45	18:08
Tröpolach Ort 07:20	Thörl Maglern (eh. Grenze) 17:25	
Hermagor Bahnhof 07:33	Arnoldstein 18:49	
Pressegger See (SchlugaCamping) 07:55	<b>Arnoldstein Abholung Radbus:</b> 19:00	
St. Stefan HS 08:05	Nötsch 17:45	
Nötsch 08:15	<b>Nur Ausstiegstellen:</b>	
Thörl Maglern (eh. Grenze) 08:30	St. Stefan HS 18:00	
	Pressegger See 18:10	
	Hermagor Bahnhof 18:25	
	Tröpolach Ort 18:45	
	Kirchbach Golob 18:56	
	Dellach Ort 19:07	
	Kötschach Bahnhof 19:16	

**Ihre Zugverbindung zum Ciclovía Alpe Adria Radweg: MICOTRA**

VILLACH - UDINE			UDINE - VILLACH		
VILLACH HBF	09:45	19:29	UDINE	07:14	17:22
Villach Westbld	09:49	19:33	Gemona d. F.	07:32	17:41
Villach Warmbad	09:52	19:36	Venzone	07:39	17:48
Fürnitz	09:57	19:41	Carnia	07:45	17:54
Arnoldstein	10:04	19:48	Pontebba	07:59	18:08
TARVISIO R.V.	10:22	20:05	Ugento V.	08:11	18:20
Ugento V.	10:28	20:12	TARVISIO R.V.	08:27	18:40
Pontebba	10:42	20:27	Arnoldstein	08:36	18:49
Carnia	10:59	20:43	Fürnitz	08:43	18:56
Venzone	11:02	20:46	Villach Warmbad	08:47	19:00
Gemona d. F.	11:10	20:53	Villach Westbld	08:51	19:04
UDINE	11:30	21:13	VILLACH HBF	08:54	19:07

Fahrplanstand April 2019, Fahrplanänderungen vorbehalten  
Alle Infos auf [sebb.at](http://sebb.at) | ÖBB Kundenservice 05-1717

**Um € 13,-\* nach Udine**

\*Preis für eine Fahrt ab Villach (Hbf., Westbld., Warmbad) nach Udine in einer der oben angeführten Verbindungen inkl. Radmitnahme. Für die Mitnahme des Fahrrades gilt das jeweilige regionale Nahverkehrstarifangebot nach grenzüberschreitend. Weitere Infos über Ermäßigungen auf [sebb.at](http://sebb.at)

Zugverbindung Italien: Alpe Adria Radweg

Die Busse verfügen über einen Radanhänger und eröffnen attraktive Touren, die nicht direkt vor der Haustüre ihren Ausgang nehmen. Dank dem Bustransfer bis nach Thörl Maglern könnt ihr von hier aus den ersten Teil des Alpe Adria Radwegs erkunden - er gilt als einer der schönsten Radwege Österreichs und Italiens. (Radbus-Rücktransfer ab Venzone möglich).

Alternativ könnt ihr von Thörl Maglern aus in etwa 1,5 Stunden bis nach Kranjska Gora in Slowenien biken.





**MOUNTAINS  
& LAKES**  
WORLD OF

**Nassfeld**  
Pressegger See

*nice surprise*



## NASSFELD-PRESSEGGER SEE SUNSKIWORLD

110 km of pistes

30 modern cable cars and lifts

80 km of cross-country skiing tracks

Ski touring paradise Lesachtal

Ice skating at Lake Pressegger See and Lake Weissensee

## CONTACT & INFORMATION

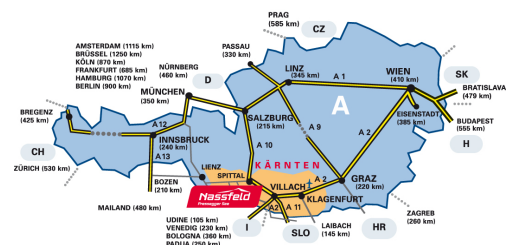
### Info- & Servicecenter Nassfeld-Pressegger See

Wulfeniplatz 1

9620 Hermagor

+43 (0) 4285 / 8241

info@nassfeld.at [www.nassfeld.at](http://www.nassfeld.at)



**Interreg**  
Italia-Österreich  
365 days - World of Mountains  
European Regional Development Fund



Mit Unterstützung von Land und Europäischer Union  
**LAND KÄRNTEN**

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