



OUTDOOR WORLD Activ. Refreshing. Differnt.



NASSFELD-PRESSEGGER SEE | LESACHTAL | WEISSENSEE



HORSE-DRAWN SLEIGH RIDES

Enjoy a journey by carriage through the wonderful winter landscape, wrapped in warm woolen blankets, breathing in the cold winter air and with your mind completely on yourself.

▶ ROMANTIC HORSE-DRAWN CARRIAGE RIDE IN NASSFELD ⁻ monday, wednesday and friday

START:	2 pm, 3 pm, 4 pm, 5 pm
MEETING POINT:	Hotel Gartnerkofel - Sonnenalpe Nassfeld 18
DURATION:	about 45 minutes
PRICE:	€ 25,- per adult / € 15,- per child (4-10 people)
REGISTRATION:	By 4 pm the day before at Hotel Gartnerkofel
	Tel.: +43 4285 8175

▶ ROMANTIC HORSE-DRAWN CARRIAGE RIDE IN TRÖPOLACH - thursday and saturday

Saturday: Thuersday:	Meeting Point - Hotel & Spa Falkensteiner Carinzia in Tröpolach Meeting Point - Hotel Samerhof in Tröpolach
START:	from 2 pm
DURATION:	about 45 minutes
PRICE:	€ 20,- per adult / € 13,- per child
REGISTRATION:	By 4 pm the day before at the family Haberle - Tel.: +43 650 486 06 09

▶ HORSE-DRAWN CARRIAGE RIDE IN GAILTAL

DURATION: PRICE:	1 hour € 100,- / hour for 4-6 people
REGISTRATION:	The day before at Gratzer Martina
	9625 St. Daniel/Gailtal Nr. 7
	Tel.: +43 650 261 07 93
CAPACITY:	horse-drawn sleigh 10 people/ horse-drawn carriage 4-6 people





TASTER SKI TOUR

With the small 1x1 of ski touring, you can experience what it feels like to make your first tracks on the ascent with your touring skis in the snow. Stress-free hours - away from the hustle and bustle of the pistes - teach you the basics of this wonderful ski touring sport, to whet your appetite for ski touring.

After reaching your destination, it's a wonderful feeling to end the tour with a leisurely descent on a groomed piste or a well-travelled forest trail.

START:	9 :30 am (Dec№	larch) and on request!!			
DURATIO	DN: about 3 hour		DIFFICULTY:	easy	
PARTICI	PANTS: max. 6 p	eople	AGE:	from 12 years	
PRICE:	from € 80,00 per 10 % discount witł	participation the WinterCARD PREMIUI	M!		
PREREQUISITE:		Safe downhill skiing, safe st	em turns - with skis on a	a red slope	

PREREQUISITE:

Safe downhill skiing, safe stem turns - with skis on a red slope Stamina for the ascent of up to 2 hours

REGISTRATION:

Bergsport Südalpen Bergsteigerdorf Mauthen 9640 Kötschach-Mauthen Tel.: 0043 664 352 73 05 / info@bergsport-suedalpen.at https://bergsport-suedalpen.at

The ski touring equipment (skis, bindings, skins, boots, poles) is not included in the ski touring experience price.





TASTER CROSS-COUNTRY SKIING COURSE

Enjoy the time in marvellous nature with fun and joy of movement! Cross-country skiing is one of the healthiest winter sports and is equally suitable for adults and children

Specially trained cross-country skiing instructors show you the first steps and motivate you to improve your technique. You get the first flow of gliding in classic or skating style

The selection of trails on the Tressdorfer Alm, directly on the Nassfeld, or in good snow conditions also in the valley, offers the right terrain for every ability level

START: 2 PM	MEETING POINT: Depending on ability level;snow conditions
DURATION: ca. 1,5 hour	s COURSE: Beginner - Advanced
PRICE: € 49,00 per pers	son
BRING ALONG:	Warm clothing, gloves, hat, drinks or tea, Own cross-country skiing equipment or can also be hired (by prior arrangement) (not included in the price) at Sport Sölle Tel. 0043 4285 7100
COURSE CONTENT:	Basic knowledge of cross-country skiing and its technique in classic or skating style
REGISTRATION:	die Skischule.at Tröpolach 155 9631 Jenig Tel 0043 650 410 22 71 / office@dieskischule.at









MOONLIGHT SNOWSHOEING

Experience nature from a different perspective on a special snowshoe experience.

During the moonlight hike, with a bit of luck, the mystical earth satellite will accompany us and make the snow-covered winter landscape appear in an incomparable light. In the shadow of the headlamp and the moonlight, you can round off the wintry day with an extraordinary snowshoe

In the shadow of the headlamp and the moonlight, you can round off the wintry day with an extraordinary snowshoe hike and enjoy the romantic atmosphere and absolute silence of the dawning night.

Depending on the weather and snow conditions, the tour destination is in the Nassfeld or Kötschach-Mauthen area.

START:	5 PM	DURATION:	about 2 hours	AGE:	fom 12 years
PRICE:	from € 45,00 per				
	10 % reduction wi	th the winter	CARD Premium!		

A reservation request is required for participation in the moonlight snowshoe hike (at least 24 hours before the start of the activity) by e-mail to info@bergsport-suedalpen.at

SERVICES:Guided tour by a state-certified mountain and ski guide Snowshoes, poles and headlampBRING ALONG:Warm winter clothing, mountain or hiking boots, gloves, hat, drinks, snack!
Good basic fitness for an ascent of approx. 1.5 - 2 hours, thirst for adventureREGISTRATION:Bergsport Südalpen
Bergsteigerdorf Mauthen
9640 Kötschach-Mauthen
Tel.: 0043 664 352 73 05 / info@bergsport-suedalpen.at





TORCHLIGHT HIKE TO THE TRESSDORFER ALM

Experience the magic of a romantic torchlight hike at Nassfeld!

Every Monday at 20:00, we invite families and nature lovers to hike together to the idyllic Tressdorfer Alm. With glowing torches, which you will receive at the meeting point, you will be guided through the wintry mountain landscape. Once you arrive at the hut, enjoy the cozy atmosphere and warm up with mulled wine, tea and other hot drinks. At 10 p.m. we make our way back together - an unforgettable experience for young and old!

20:00 hrs	Meeting point - Falkensteiner Hotel Sonnenalpe Nassfeld
approx. 8:15 pm	Joint torchlight hike to the Tressdorfer Alm
	(duration approx. 45 minutes)
approx. 22:00 hrs	Return hike to the Sonnenalpe Nassfeld
	approx. 8:15 pm

REGISTRATION:

Information and Service Center Nassfeld-Pressegger See Tel. +43 4285 8241 info@nassfeld.at Until 12:00 noon on the respective day





TUESDAY

FAMILY SNOWSHOE TOUR

On the trail of the snow hare - searching for animal tracks and other adventures for the whole family.

Nobody is as attentive, curious and open to new impressions in nature as the youngest among us. Our family snowshoe hike, with approx. 1 - 1.5 hours of pure walking time, leaves plenty of time and space for exploration and discovery. It also offers the slightly older among us the opportunity to experience snow-covered forests, white slopes and animal tracks in the snow once again through enriching children's experiences.

START:	2 PM	DURATION:	about 3 hours	AGE:	from 8 years	
	PRICE: from € 45,00 per person - max 8 people 10 % reduction with the Winter CARD Premium!					
 A reserva	tion request is required fo	or participation	in the moonlight snowshoe h	nike (at least	24 hours before the	
start of th	ne activity) by e-mail to inf	o@bergsport-s	suedalpen.at is required			
SERVICES:	Guided tour by a	state-certified	l mountain and ski guide Sno	wshoes and	poles	
PREREQUISITES::	Basic fitness for	a walk in winte	rience necessary r of approx. 1.5 - 2 hours npanying person for children	under 12 yea	ars of age	
REGISTRATION:	Bergsport Südal Bergsteigerdorf 9640 Kötschach Tel.: 0043 664 35 https://bergsport	Mauthen Mauthen 2 73 05 / info@i	bergsport-suedalpen.at			







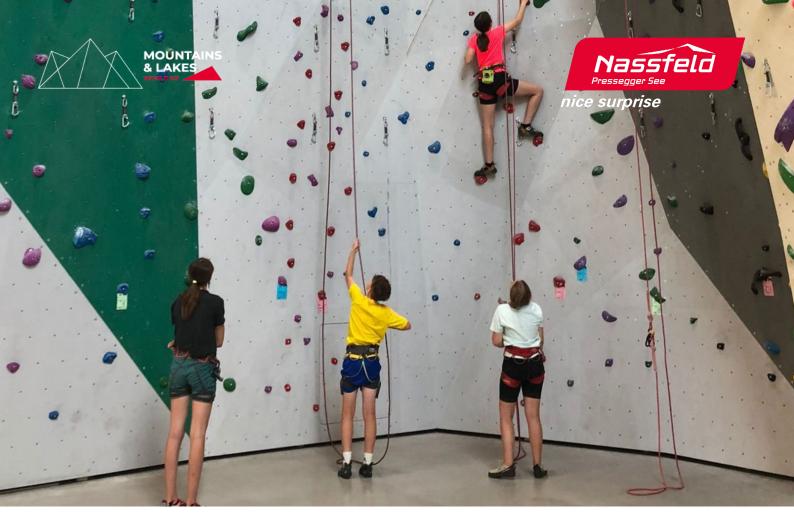


MAGICAL MOMENTS - IN CARINTHIA'S EXCELLENT NATURE A TOUR TO (BACON)SPECTACULAR CASTLE EXPERIENCES

Crystal-clear winter air, romantic forests and snow-covered paths, the perfect contrast to winter on the piste. After we have plodded across snow-covered meadows and through wintery forests together with Natur Aktiv Guide Hanni, we are welcomed by Hans - the lord of the castle and bacon master - in front of Lerchenhof Castle. What the lord of the castle tells us sounds like a fairy tale, but it is a romantic love story from times gone by. The way to the heart is through the stomach, thus we are introduced to the art of making bacon before sampling delicious slices of Gailtal Valley bacon of various types. The final highlight is a visit to the castle's treasury.

START: 10 am	MEETING POINT: Schloss Lerchenhof - Untermöschach 8	
APPOINTMENT	S: every Wednesday from 18.12.2024 - 19.03.2025	
PRICE:	€ 25,- per adult and children from 8 years	
SERVICES:	Guided tour for body, mind and soul with Natur Aktiv Guide • Interesting facts conveyed by the lord of the castle & bacon master • Sampling of fine bacon variations • A small piece of the original Gailtal Valley bacon to take home	
REGISTRATION:	by 2 pm the day before Info- und Servicecenter Nassfeld-Pressegger See Tel. +43 4285 8241 oder info@nassfeld.at	





WEDNESDAY

INDOOR TASTER CLIMBING

The ideal opportunity to get to know the fascination of climbing together without stress.

As soon as you have the first steps and holds behind you, you will experience new movements on the climbing wall - an indescribable feeling of an exciting sport.

Taster climbing offers the perfect introduction to your first climbing attempts, protected from wind and weather. After a short warm-up, you will gain an insight into bouldering, rope climbing and the safe use of self-belay devices.

START: 3.30 PM (DEC.	- MARCH) and on request!	MEETING POINT: KLE-SCH Kletterhallte St. Da 9635 St. Daniel 100	aniel
DURATION: about 2 ho	urs AGE:	from 8 years	
PARTICIPANTS: max. 9	people PRICE	E: from € 40,00 per person 10% reduced with the WinterCARD Pi	remium!
PREREQUISITES	0	required of 12 must be accompanied by an adult actively rse, adult actively participating in the course	
INCLUDED SERVICES:	Guided tour by a state-certified mountain and ski guide Rental equipment (climbing harness & climbing shoes)		
REGISTRATION:	Bergsport Südalpen Bergsteigerdorf Mauthe 9640 Kötschach-Mauthe Tel.: 0043 664 352 73 05 / https://bergsport-suedal	en / info@bergsport-suedalpen.at	





ON REQUEST

ICE CLIMBING TASTER

The little 1x1 of ice climbing - your first, icy chance to climb the Marterpfahl

In our little 1x1 of ice climbing, you will experience - secured in the toprope - what the fascination of ice is all about and the increasingly popular sport associated with it. The time window to climb up waterfalls waterfalls, which are often raging torrents in summer, is relatively short - the experience of ice climbing, perhaps precisely all the more unique because of this. Our introductory ice climbing course offers you, under absolutely beginner-friendly conditions conditions, the basis for gaining initial experience in ice climbing gardens or on icefalls, as well as our "Basic ice climbing course". After a comprehensive introduction to the use of crampons and ice tools as well as some general tips on the different techniques that are important for you as a beginner you will feel what it means to make your first tracks in the ice with your own hands and feet, or rather with ice tools and crampons.

START: 5 PM DURATION: about 2,5 hours		MEETING POINT AGE:	T: Bergsteigerdorf Mauthen from 12 years
PARTICIPANTS: max. 4	people	PRICE:	from € 85,00 per person 10% reduced with the WinterCARD Premium!
PREREQUISITES	No previous ice climbing experience necessary Previous belaying and climbing experience A certain degree of resistance to the cold, a head for heights and surefootedness		
INCLUDED SERVICES:	Guided tour by a state-certified mountain and ski guide Rental equipment (climbing harness & climbing shoes)		
REGISTRATION:	Bergsport Südalpen Bergsteigerdorf Mauthen 9640 Kötschach-Mauthen Tel.: 0043 664 352 73 05 / info@bergsport-suedalpen.at https://bergsport-suedalpen.at		





Experiencing winter sports off the slopes

OUTDOOR & RELAX WORLD

SNOWSHOE HIKE

When the snow softly crunches underneath your feet, the warm rays of sunlight gently caress your face, and you'll slowly get the feeling of being completely immersed in a winter wonderland: That's when you'll know you're out on a snowshoe hike in the Nassfeld-Pressegger See region

The extensive route network in the Carnic and Gailtal Alps has winter sports enthusiasts in awe. Far away from all the noise, traffic and crowds of people, they can take a breather and enjoy the silence of nature.

Secret tip: Listen up, romantics! In Lesachtal Valley, Europe's most pristine valley, snowshoe hikers have a total of twelve different routes available to them.

GUIDED SNOWSHOES HIKES:

Bergsport Südalpen

Tel.: +43 664 352 73 05 E-Mail: info@bergsport-suedalpen.at https://bergsport-suedalpen.at

Die Skischule.at

Tel.: +43 4254 50610

Kärntner Bergwanderführer

KÂRNTEN It's my life!





TIME FOR SPEEDY DESCENTS IN CARINTHIA

SLEDGING RUNS IN THE OUTDOOR & RELAX WORLD

Ready, steady, and go! Lift your legs and hold on tight as you swoosh down the mountain, curve by curve! Six different sledging runs are available to winter fans in the Nassfeld-Pressegger See region. Always accompanying you on your speedy descent: the stunning mountain scenery of the Carnic and Gailtal Alps

► TOBOGGAN TRÖPOLACH - 400	0 M - ILLUMINATED daily t	ill 10 pm
TOBOGGAN HIRE:	Sport Sölle Tröpolach	Tel.: +43 4285 7100
	Gasthof Winkler	Tel. +43 4285 302
► TOBOGGAN SONNLEITN - 400	M - ILLUMINATED daily til	10 pm!
TOBOGGAN HIRE:	Alpenhotel Marcius	Tel.: +43 676 898 277 100
► TOBOGGAN RATTENDORF - 2	KM - ILLUMINATED Tuesda	ay, Friday and saturday till 10 pm!
INFO TO TOBOGGAN:	Tel.: + 43 4285 8241	
► TOBOGGAN KREUTH/JENIG - 2	KM	
TOBOGGAN HIRE:	On request at Berghotel Tel. : +43 4285 209	Presslauer
► TOBOGGAN GUGGENBERG - 2	KM - ILLUMINATED daily t	ill 10 pm!
TOBOGGAN HIRE :	Schloss Lerchenhof – Far Tel.: +43 4282 2100	milie Steinwender
TOBOGGAN WEISSBRIACH - 3	KM - ILLUMINATED daily	
	Weißbriach - Lift Talstatio Tel.: + 43 4286 228 (Hotel	
► TOBOGGAN NAGGLER ALM (CE	RTIFIED TOBOGGAN RUN) - WEISSENSEE - 500 M
STARTING POINT: TOBOGGAN HIRE	Techendorf - Bergbahne Ascent winter hiking trai Altitude difference: 120 m Character: forest path Duration (approx.): 15 mir Sled rental: Intersport Alţ Tel. +43 650 730 18 56	l to EU Monument (behind Naggler Alm): approx. 1.5h n n.
REGISTRATION FOR GROUPS T THOMAS ARRICH: THOMAS ASTNER:	OBOGGAN RUN TRÖPOLA TEL. +43 650 978 06 40 TEL. +43 664 750 800 57	







RIGHT ON TRACK ON TWO SLIM SKIS

CROSS-COUNTRY SKIING IN THE OUTDOOR & RELAX WORLD

THE CROSS-COUNTRY TRAIL NETWORK IN THE OUTDOOR & RELAX WORLD AT A GLACE

- Langlaufzentrum Nassfeld-Pressegger See (cross-country skiing centre) with 5 trails in the valley and in the mountains
- Nordic Competence Center with a biathlon training centre right by the Millennium Express cable car
- a 130-km regional trail network (22 of them right in the Nassfeld region)
- additional cross-country trails in Lesachtal Valley (60 km) and at Lake Weissensee (35 km)
- ▶ a cross-country ski school
- equipment rentals
- Border-Area Cross-Country Ski Trail in Lesachtal Valley:
- cross-country and biathlon centre in Obertilliach



CROSS COUNTRY SKIING TRAILS TECHNENDORF - 50 KM

CROSS COUNTRY SKIING FEE:	Daily fee € 8,-
CROSS COUNTRY SKIING SCHOOL:	Peter Schwarzenbacher Tel.: +43 664 131 55 33
EQUIPMENT RENTAL:	Intersport Alpensport Techendorf Tel. +43 4713 259 43









CROSS COUNTRY TRAILS

AREA NASSFELD-PRESSEGGER SEE

- PANORAMALOIPE TRÖPOLACH RATTENDORF T2 ENTRY: Parking lot Loipenzentrum Rattendorf West
- RUNDLOIPE TRÖPOLACH T2
 ENTRY: Parking lot Loipenzentrum Rattendorf West
- RATTENDORF LOIPE T1
 ENTRY: Parking lot Loipenzentrum Rattendorf West
- VERBINDUNGSLOIPE RATTENDORF WAIDEGG ENTRY: Parking lot Loipenzentrum Rattendorf West
- ► NASSFELD PRAMOLLO SEELOIPE ENTRY: Border to Italy
- ► GAILTALLOIPE MÖDERNDORF RATTENDORF ENTRY: Gailbrücke Möderndorf
- SEELOIPE PRESSEGGER SEE
 ENTRY: Pressegger See beginning at west Seerundweg
- RUNDLOIPE THURNHOF ENTRY: Schloss Lerchenhof
- ► BURGERMOOS LOIPE ENTRY: ÖAMTC Untervellach

LENGTH: 7,6 km - 58 HM - medium STYLE: Skating/Classic

LENGTH: 5 km - 53 HM, easy STYLE: Skating/Classic

LENGTH: 4,3 km - 31 HM - easy STYLE: Skating/Classic

LENGTH: 2,3 km - 9 HM - easy STYLE: Skating/Classic

LENGTH: 2,3 km - 41 HM - difficult STYLE: Skating/Classic

LENGTH: 8,8 km - 28 HM - easy STYLE: Skating/Classic

LENGTH: 3,3 km - 6 HM - easy STYLE: Skating/Classic

LENGTH: 1 km - 7 HM -easy STYLE: Skating/Classic

LENGTH: 1,3 km - 6 HM -easy STYLE: Skating/Classic

AREA GITSCHTAL

► GITSCHTAL LOIPE	LENGTH :	12 km - medium
► SONNEN LOIPE	LENGTH:	12,2 km - easy
► NADALN LOIPE	LENGTH:	1,7 km - easy

AREA KÖTSCHACH MAUTHEN - KIRCHBACH - DELLACH

► WÜRMLACHER FELD	LENGTH:	10 km - easy	ENTRY: Valentinsbrücke Würmlach
► SONNENLOIPE GAILDAMM SÜD	LENGTH:	12 km - easy	ENTRY: St. Daniel Gailufer
► OBERGAILTALER PANORAMALOIPE:	LENGTH:	21 km - medium	ENTRY: north Gailufer





ICE SKATING IN THE OUTDOOR & RELAX WORLD

ICE-SKATING PARADISE PRESSEGGER SEE

- ▶ 55 hectares of natural ice
- a unique flora and fauna
- a groomed 2.5-kilometre circular skating track
- ice skate rental and changing facilities at the open entry
- option of going on a hike along the shoreline (Slow Trail)

SKATE RENTAL:

Pressegger See (open entry) daily from 11 am - 3 pm PRICE: € 6,- / person



ICE-SKATING ON THE WEISSENSEE

- 6,5 km² Lake Weissensee is the largest continuously frozen and prepared natural ice surface in Europe.
- > 25 km of circular ice tracks
- ice hockey rinks ►
- 400 m speed skating track.

SUBSIDY FOR ICE RINKS:

€ 8,--

SKATING SCHOOL ON THE WEISSENSEE: Natureislaufschule Weissensee

Tel +43 676 171 77 8

Eislaufschule Schwarzenbacher Tel. +43 664 131 55 33









ICE STOCK CURLING

AN ICE SPORT WITH TRADITION

Curling enjoys great popularity in Carinthia. Especially when the temperatures drop into the minus there is only one goal for many curling fans: to maneuver the cone-shaped ice sticks over the ice in order to hit the stave to hit.

Sportzentrum Tröpolach: Peter Warmuth, Tel. +43 681 108 491 60

FEEL THE MAGIC OF POWDER SNOW

SKI TOURS IN THE CARNIC AND GAILTAL ALPS

All around seclusion, tranquility, idyllic winter landscapes and loose powder snow - thanks to the special microclimate on the sunny side of Carinthia, fresh snow supplies come at regular intervals. Thus, there are perfect conditions for a ski tour in the Carnic and Gailtal Alps.

GOOD TO KNOW: Ski touring means immersing yourself in nature. Therefore, treat it with respect. You should also not disregard the proper treatment of wildlife when ski touring. It is best to follow the signposted routes and leave the animals their important retreat. This avoids unnecessary disturbance and stress and people and animals can enjoy the peace peacefully next to each other.

SAFETY FIRST: Safety on the mountain always comes first! Therefore, inquire before each ski tour about the snow and avalanche situation!



RULES FOR SKI TOURERS ON THE SKI SLOPE

For safety reasons it is forbidden to walk on the ski slopes for pedestrians or ski tourers at any time of the day or night! In general, the ski slope is closed from 5 pm to 8 am. There is danger to life!

TRAVELING SAFELY IN THE SUMMER & WINTER WORLD

SAFETY ON THE MOUNTAIN

Whether alone or in a group, with family or friends: Hiking, mountaineering, climbing, via ferrata and mountain biking are among the most popular leisure activities in the Alps. However, every tour also harbors dangers - especially if they are poorly planned or not planned at all. Therefore: safety first!

So that you are always safe on the mountain,

we have summarized the most important rules of conduct for you.









EXTRACT OF THE SKI TOURS

	NBERG ALTITUDE METERS: 446 which is especially suitable for begin	ROUTE: 5,6 km nners	DURATION: 1,5 hours
	ALTITUDE METERS: 657 order Nassfeld! Busy ski tour with ma	,	
· · · · · · · · · · · · · · · · · · ·	ALTITUDE METERS: 1.585 orf - Rattendorfer Almweg	ROUTE: 12,3 km	DURATION: 5,3 hours
	ALTITUDE METERS: 1.800 highest peak of the Carnic Alps. In g true.	,	
 EGGER ALM Starting point Garnitze 	ALTITUDE METERS: 840 nklamm-Möderndorf	ROUTE: 9 km	DURATION: 4 hours
	ALTITUDE METERS: 1.322 m olement to the ski tour to the Egger		DURATION: 6,4 hours

SKI TOURS WITH CERTIFIED SKI TOUR GUIDE::

- ▶ Sölle Sport: Tröpolach
- ▶ Harald Assinger: St. Paul/Gailtal
- Sepp Szöke: Weissbriach
- Bergsport Südalpen

Tel.: +43 4285 7100 Tel.: +43 4283 2107 oder +43 664 111 95 88 Tel.: +43 4286 458 oder +43 664 337 29 67 Tel.: +43 664 352 73 05 E-Mail: info@bergsport-suedalpen.at https://bergsport-suedalpen.at







CULINARY - REGIONAL PRODUCTS

- FARMERS MARKT IN HERMAGOR every 1st, 3rd and 5th saturday in the month START: 9 am – 12.30 pm Hermagor - Wulfeniaplatz
- ► FARMERS MARKT IN TRÖPOLACH every friday from 03.01.2025-11.04.2025 + wednesday 16.04.2025

START:

3 pm – 5 pm Tröpolach - Valey station Millennium-Express

